Matrix Health Group

A BIOMATRIX SpRx Company

NEWS

DEDICATED TO MAKING A DIFFERENCE

Keep your face always toward the sunshine and shadows will fall behind you.

SPRING 2017

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SPRING 2017

MISSION + VISION

The **MISSION** of Matrix Health Group is to provide individualized, focused services to people with bleeding disorders nationwide.

Our **VISION** is to enhance the lives of those we are privileged to serve by providing the best pharmacy and support services possible.

Our Mission and Vision are realized through the value we place in our five guiding principles. The five values represent the commitment to our employees, patients and the community, driving our organization to excellence. These core beliefs define our culture and provide a means for us to measure our success. By using these principles as a standard for excellence, we become the logical choice for consumers with specialty pharmacy needs. These attributes represent the very best of what our company stands for and they remain at the forefront in all we do.

Integrity - Our professionalism, strength and stability come from our resolve to operate honestly, morally and with a higher purpose to meet and exceed the expectations of all.

Dedication - Our dedication is evident in our close attention to detail, personal touch, and resolve to advocate from the heart, giving each relationship a close, family feel.

Compassion - We are sensitive to each individual's unique situation; our ability to listen, empathize and support those we work with distinguishes our business practice.

Enrichment - We understand that in order to perform at our best, we must always seek to learn and grow, while using our knowledge to assist and empower others.

Enthusiasm - Our confidence in the services we provide is illustrated by the energy, drive and passion we exhibit in all we do.

FINE PRINT

Editor-in-Chief: Maria Santucci Vetter
Editors: Susan Moore and Justin Lindhorst

The purpose of Matrix Health Group News is to provide information such as current news, upcoming events, educational matters, personal stories, and a variety of opinions and views on topics of interest to the bleeding disorder community.

The information and opinions printed in this newsletter do not necessarily reflect the views and opinions of the partners, employees, others associated with Matrix Health Group News or that of Matrix Health Group.

Health related topics found in Matrix Health Group News are for informational use only and are not intended to take the place of treatment or medical advice provided by your health care professionals or hemophilia treatment center. Please consult with your health care professionals when medical questions arise.

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A NOTE FROM THE EDITOR

Dear Readers:

Spring is in the air! And so is the anticipation of attending bleeding disorders camp across our country. From coast to coast, kids with a bleeding disorder are eagerly looking forward to what is often a very special time in their lives. Lifelong friends are made and special experiences are shared. Many children take their first step toward managing their health and gaining independance by learning how to self infuse.

My own children have attended bleeding disorder camps in Georgia, Colorado, Missouri and Illinois. Though they are now grown, they still remember and reflect fondly on the experiences camp provided and to this day, maintain the special friendships made.

This issue of Matrix Health Group News provides our readers with our annual list of bleeding disorder camps and how to contact them. Our hope is by sharing stories of camp-goers, parents of a young child with a bleeding disorder will be encouraged to participate.

We hope you like the new look of our newsletter. Let us know what you think!

Maria Santucci Vetter
Editor-in-Chief
Matrix Health News
maria.vetter@matrixhealthgroup.com

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PLEASE CONTACT US FOR MORE INFORMATION REGARDING OUR SERVICES.

877-337-3002 | INFO@MATRIXHEALTHGROUP.COM
WWW.MATRIXHEALTHGROUP.COM

Experienced, compassionate Care Coordination Team with a personal contact assigned to each patient for pharmacy, reimbursement and support services

Professional Pharmacy Team with extensive knowledge of bleeding disorders available 24 hours a day, 7 days a week

Pharmacies in California, Florida, Illinois, New Jersey and Tennessee – our services span across the nation

24-hour standard delivery; emergency shipments when needed

Coordination of home nursing services specializing in bleeding disorder care

Highly trained billing and reimbursement staff are well equipped to assist with insurance coverage issues, both public and private

Multifaceted team approach promoting adherence to treatment plans, resulting in positive health outcomes

Informative quarterly newsletter, MATRIX HEALTH GROUP NEWS

Now Accepting Applications for the 2017/2018 School Year!

Memorial Scholarship Program

Application Online!

matrixhealthgroup.com/scholarships

Matrix Health Group offers nine $1000 scholarships to assist individuals with bleeding disorders seeking higher education. These scholarships honor the memory of several individuals who touched the bleeding disorder community in unique ways. Additionally, this program aligns with the commitment we hold to Enrichment, one of five Guiding Principles forming the backbone of our company value system.

The scholarships made available by Matrix Health Group are unique in several ways. Each is offered exclusively to several demographics within the bleeding disorder community including men, women, inhibitor patients and immediate family members. Our streamlined application process allows interested parties to complete one simple application for multiple scholarships offered. In addition to tuition, these scholarship funds can be applied toward books, housing, and other college-related expenses.

Awards are based on criteria including academic merit, reference letter, and essay. An impartial Scholarship Committee will review the applications and decide to whom the scholarships will be awarded. Applicants are not required to be past, current, or future customers of Matrix Health Group or its family of companies.

Please visit our website to download an application and apply by August 1, 2017.

Barry Haarde is a man on a mission. As an advocate, fundraiser and avid cyclist, Barry's adventures have taken him across the country by road bike five times.

Wheels for the World 2017: Call of the Wild!

An Interview with Barry Haarde
By Justin Lindhorst

Severe hemophilia, HIV, and a bout with Hepatitis C has not stopped Barry from pursuing his ambitions. Since inception, the "Wheels for the World" fundraiser has raised over $200,000 for Save One Life, an organization supporting individuals with bleeding disorders in less fortunate countries.

Barry is gearing up for a great northern adventure - this time traversing the wild roads of the Alaska Highway. Matrix Health Group is a proud sponsor of the 2017 Wheels for the World fundraiser. I recently caught up with Barry to discuss the 2017 ride. Check out our conversation to learn more about the ride and how we can support Barry's efforts!

Tell us a little bit about your previous rides and what inspired you to start the "Wheels for the World" program.

"Wheels For the World" originated in 2012 and was something of a "comeback" ride after completing four years of Interferon treatment to eliminate hepatitis C from which I'd developed liver cirrhosis. I wanted to attempt something that had never been done by someone with hemophilia and at the same time, do something to benefit the bleeding disorders community. I chose Save One Life as the hemophilia organization that I'd ride and raise funds for as I'd always admired Laurie Kelley's work with people in developing nations that had no access to factor.

I was also aware of Laurie's interest in physical

> **My "end game" is to ride in every state in America and Alaska is one of the few remaining states in which I've yet to ride.**

fitness so it just seemed like a good fit. After completing the first ride from Astoria, Oregon to Portsmouth, New Hampshire, we went on to complete four more transcontinental bicycle tours, culminating in last year's 5,000 mile ride from Seattle, Washington to Key West, Florida which was our longest to date. We also finally topped the $50,000 mark, bringing the total funds raised for all five rides to $220,000.

How does this year's ride differ from previous ventures?

This will be our first ride that does not span the U.S. from coast to coast. After five trans-con rides, I wanted to do something a little different, so I'll be riding the Alaska Highway from Dawson Creek, British Columbia to Fairbanks, Alaska and then will do a little two week extension that will wind its way down to Anchorage, pass by the Denali mountain range, the Alaska pipeline, and some other nice landmarks. Roughly half the ride will actually be in Canada this time around.

How did you decide on Alaska?

My "end game" is to ride in every state in America and Alaska is one of the few remaining states in which I've yet to ride. I've been to Alaska before and know first-hand just how beautiful the scenery is up there.

As last year's ride took me to the southern-most point in the U.S. in Key West, this year's tour will take me to the northern-most point in Barrow, Alaska although I'll have to do the last several hundred miles by car and by plane as the roads in that part of the state are either non-existent or too hazardous for travel by road bike.

Are there any new challenges you anticipate from this new route?

Quite possibly, the most challenging aspect will be that I'll be camping for much of this tour as opposed to having hotels to bed down in. The remoteness of the region pretty much dictates the travel accommodations! We expect to get a little wet too as the summer is the rainy season up there. The mileage and climbing will be quite a bit easier than in past tours even though we'll be traversing the Canadian Rockies. After riding 5,000 miles in 60 days last year, sometimes riding over 140 miles in a single day, it will be a nice change to execute a more relaxed pace and simply enjoy the fabulous scenery. I may still add mileage to each day's ride by doubling back some, but the goal is to ride 2,000 miles at a minimum.

What type of training do you do to prepare for your rides?

I live in a pretty hospitable climate here in Houston, Texas, so I can ride and train year-round. Over the last six years, I've averaged over 10,000 miles a year which keeps me prepared for the pace of the trans-con tours. So far, I've ridden over 19,000 miles just going cross-country and if we figure in the training miles since 2011, the total mileage ridden is over 60,000 which is about 2.5 times around the earth.

How does managing your bleeding disorder come into play with your biking ambitions?

I rarely require anything more than a prophylactic dosing schedule of factor injections to get me through the tours, so I really don't have to do much at all to manage the demands of all the miles. Many people think I must be consuming an inordinate amount of factor to pull this off, but in fact, the reverse is true. When I'm not on the road going across country, I can generally get away with on-demand treatment and sometimes go for weeks without any factor at all. I always prophy when I'm on the tours, however, simply because if I were to go down in a crash, it might be hours before I can reach an HTC or medical center of any kind, so remote are some of the areas that we travel through.

What advice would you offer to other community members in terms of bleeding disorder care and management?

The main thing that enables me to do what I do on the bike and why I'm in such good condition (for an old guy!), is that I used a lot of factor as a child to keep my one bad target joint,

> **"As a 35-year survivor of HIV and hepatitis C, as well as severe hemophilia, I have never been one to take tomorrow for granted."**

my right knee, from bleeding uncontrollably. Once that knee was replaced in '99, I was left a fully functional person with no target joints. We didn't really call it "prophy" back in the '70s and '80s, but that's basically what I was doing. I really recommend it for the young people because it's what saved me and made it possible to be so active now.

What is your fundraising goal for this year?

I always tell people that riding a bike across the country is the easy part – it's the fundraising that's hard! With the departure of our biggest funder(s) from previous years, we'll be facing some stiff headwinds in the fundraising department this year. We'll be trying to get more support from the community and from home care companies like Matrix to offset the loss, but we've had to reduce our goal from $50,000 last year to something more like $15,000 this year. If we aren't successful in raising a sufficient amount of donations to make these efforts worthwhile, we'll more than likely have to discontinue the rides. Either way, I'll always be on the road riding somewhere for someone wherever that may take me. Plus, I still have a handful of states in which to ride to reach my goal of riding in all fifty, so come heck or high water, that goal will be reached one way or the other!

How can people get involved or make a donation?

Anyone interested in my rides can always reach me through my personal Facebook page, our "Wheels for the World" page, or visit the Save One Life webpage for more information. For those interested in making a donation, please visit www.saveonelife.net.

What's next for Barry Haarde?

That's a good question. As a 35-year survivor of HIV and hepatitis C, as well as severe hemophilia, I have never been one to take tomorrow for granted. There are a number of long-distance bike trips I have my eye on, such as a 6,000+ mile ride from Anchorage, Alaska to Mexico City in 2019, but we'll have to see if I can make that happen or not. My managers at the company I work for, Hewlett Packard Enterprise, have been really supportive in helping me obtain the requisite time off to complete these long tours, but the longer they get, the more time I have to take off, so at some point, I may begin to focus on doing more challenging yet shorter-duration efforts. I'd also like to do a ride of some sort to raise money and awareness for the proposed hemophilia memorial effort(s) spearheaded by COTT, HFA, and NHF in conjunction with the AIDS memorial grove in San Francisco. As I mentioned before, either way, the "Purpose-Driven 'Coffin-Dodger' bike" will be out on the road as long as I still have some breath left in this beaten-up body!

2017 BLEEDING DISORDER CAMPS ACROSS THE NATION!

For the 9th year running, we continue our tradition of bringing you an extensive directory of national bleeding disorders summer camps! Use this list to identify a camp in your area. Most camps are directed to children between the ages of seven and fourteen years old; however, many camps also include a junior counselor leadership program. Adding more to the fun, a number of camps are open to the entire family!

Summertime is quickly approaching, so use this list to develop your camp game plan. Don't miss out on the fun! We try to include every camp across the nation, but there is the possibility we may have missed one or two. Please let us know of any camp we failed to list and we'll be sure to include it next year. If you are having trouble finding a camp in your area, check with your local chapter, hemophilia treatment center or a Matrix Health Group Regional Care Coordinator and we will help you locate a camp!

1. Alabama Camp Clot Not

June 17–22, 2017 Ages: 6-18
Open to: Boys & Girls with a bleeding disorder, Carriers
Location: Children's Harbor Mariner's Adventure Camp; Alexander City, AL
Contact: Amanda Jennings, Consumer Relations Manager
334-478-7822
amandajennings525@gmail.com
Hemophilia & Bleeding Disorders of Alabama, Inc., www.hbda.us

1. Alabama Camp Harvest Family Camp

October 27–29, 2017
Location: Children's Harbor – Harbor Lodge; Alexander City, AL
Contact: Amanda Jennings, Consumer Relations Manager
334-478-7822
amandajennings525@gmail.com
Hemophilia & Bleeding Disorders of Alabama, Inc., www.hbda.us

2. Alaska Camp Frozen Chosen

June 6–10, 2017
Open to: Boys & Girls with a bleeding disorder and their siblings
Location: Wasilla, AK
Contact: John Palmatier, ED
907-212-6711 or 907-343-9232
Michelle Palmatier, Camp Director
907-229-6017, Alaska Hemophilia Assoc. & Bleeding Disorder Ctr. of AK
alaskahemo@gmail.com

3. Arizona Camp Honor

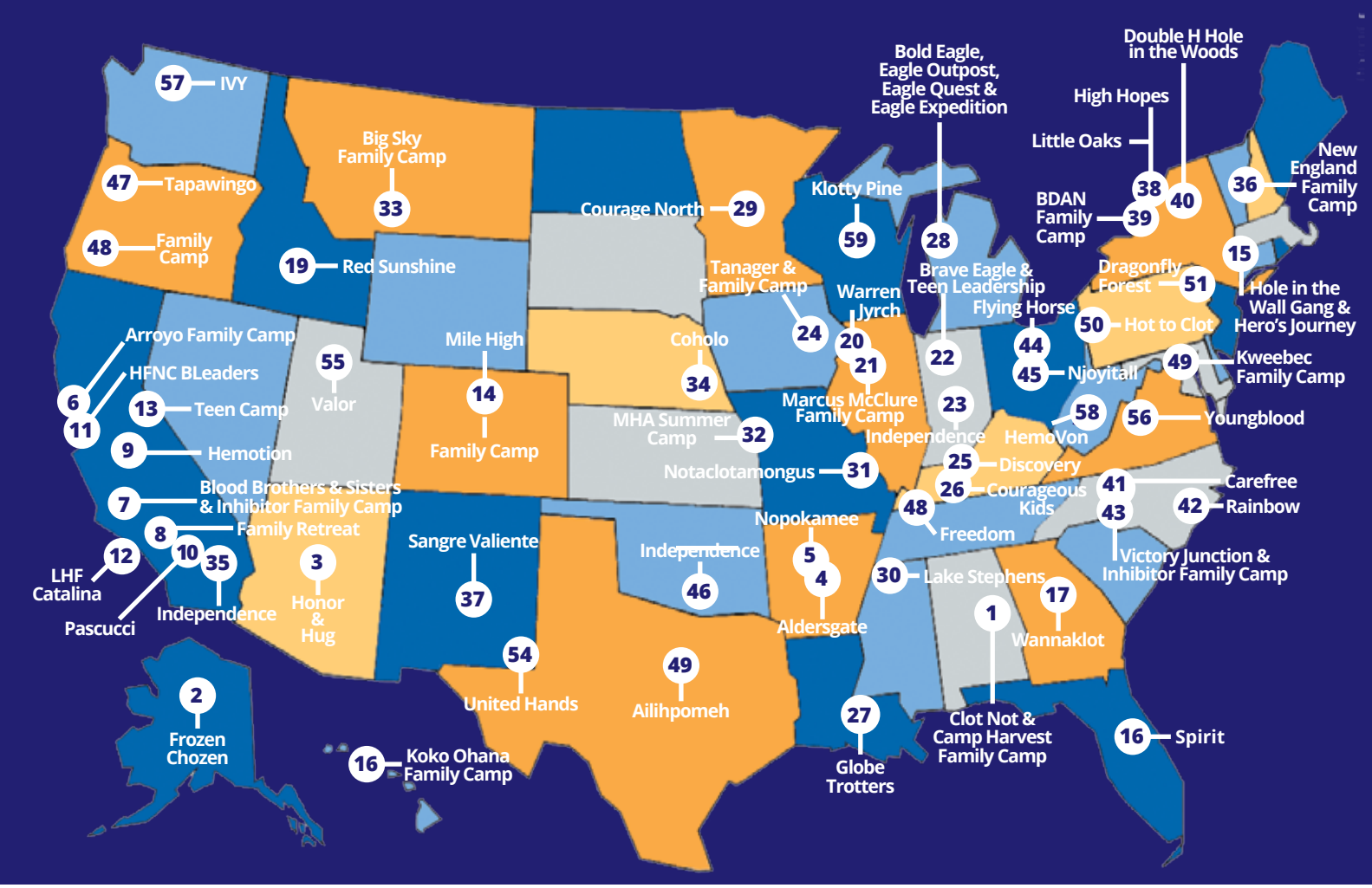
May 29 – June 3, 2017 Ages: 8-17
Open to: Boys & Girls with a bleeding disorder, Siblings
Location: Sky Y; Prescott, AZ
Contact: Chelsea Bolyard, Camp Director, 602-955-3947
chelsea@arizonahemophilia.org
Arizona Hemophilia Association
www.arizonahemophilia.org

3. Arizona Camp Hug

October 13–15, 2017 Ages: All ages
Open to: AZ families with a parent or child with a bleeding disorder
Location: Prescott Pines; Prescott, AZ
Contact: Chelsea Bolyard, Camp Director, 602-955-3947
chelsea@arizonahemophilia.org
Arizona Hemophilia Association
www.arizonahemophilia.org

4. Arkansas Camp Aldersgate

July 30 – Aug. 4, 2017 Ages: 6-16
Open to: Boys & Girls with a bleeding disorder, Carriers, Siblings
Location: Little Rock, AR
Contact: Kara Burge, 501-364-6662
burgekb@archildrens.org
Arkansas Center for Bleeding Disorders



5. Arkansas Camp Nopokamee

July 23–27, 2017 Ages: 8-18
Open to: Boys & Girls with a bleeding disorder, Carriers, Siblings as space permits
Location: C.A. Vines Arkansas 4H Center; Little Rock, AR
Contact: Camp Co-Directors, Angela Dickens, 479-414-0150 angela.dickens@cvshealth.com or Laura Barnhart, 501-428-5754 toliveasruth@yahoo.com Hemophilia Found. of Arkansas arkhemofoundation.org

6. California Camp Arroyo Family Camp

January 12–15, 2018 Ages: All ages
Open to: All family members affected by a bleeding disorder
Location: Camp Arroyo Livermore, CA
Contact: Patrick Dunlap, ED 510-658-3324 patrick.dunlap@hemofoundation.org Hemophilia Foundation of Northern California www.hemofoundation.org

7. California Camp Blood Brothers and Sisters

July 22–27, 2017 Ages: 7-16
Open to: Boys & Girls with a bleeding disorder
Ages: 17-18 Leader in Training
Location: The Painted Turtle Camp; Lake Hughes, CA
Contact: Michelle Kim Esq., ED 626-765-6656 michelle@hemosocal.org Hemophilia Foundation of Southern California www.hemosocal.org

7. California Inhibitor Family Camp

October 6–9, 2017
Open to: Families of a child (age 6-18) with an active inhibitor
Location: Painted Turtle Camp; Lake Hughes, CA
Contact: Comprehensive Health Education Services, 781-878-8561 info@inhibitorfamilycamp.org www.inhibitorfamilycamp.org

8. California Hemophilia Foundation of Southern CA Family Retreat

June 2–4, 2017
Open to: Immediate family members of boys & girls with a bleeding disorder
Location: Pali Mountain Retreat; Running Springs, CA
Contact: Michelle Kim Esq., ED 626-765-6656 michelle@hemosocal.org Hemophilia Foundation of Southern California www.hemosocal.org

9. California Camp Hemotion

June 18–24, 2017 Ages: 7-14
Open to: Boys & Girls with a bleeding disorder, Siblings
Ages: 15-20 Jr. & Assist. Counselors
Location: Coarsegold, CA
Contact: Patrick Dunlap, ED 510-658-3324 patrick.dunlap@hemofoundation.org Hemophilia Foundation of Northern California www.hemofoundation.org

10. California Camp Pascucci

August 13–18, 2017 Ages: 7-14
Ages: 15-17 - Jr. Counselors
Ages: 18+ Counselors/General Staff
Open to: Boys & Girls with a bleeding disorder (priority given), Siblings, Carriers
Location: YMCA Camp Whittle; Fawnskin, CA
Contact: Nooshin Kosar, ED
619-325-3570, info@hasdc.org
Hemophilia Assoc. of San Diego County, www.hasdc.org

11. California HFNC BLeaders Annual Retreat

April 28–30, 2017 Ages: 13-18
Open to: Boys & Girls with a bleeding disorder, Siblings
Location: Bay Area, CA
Contact: Patrick Dunlap, ED
510-658-3324
patrick.dunlap@hemofoundation.org
Hemophilia Found. of Northern CA
www.hemofoundation.org

12. California LHF Catalina Camp

April 21–23, 2017
Open to: Families with bleeding disorders
Location: Campus By the Sea Avalon, CA
Contact: Jorge Catedral
323-369-4972, jacatedral@gmail.com

13. California Teen Camp

July 8–12, 2017 Ages: 14-17
Ages: 21+ General Staff
Open to: Boys & Girls with a bleeding disorder (priority given), Siblings, Carriers
Location: South Fork – American River; Lotus, CA
Contact: Nooshin Kosar, ED
619-325-3570, info@hasdc.org
Hemophilia Assoc. of San Diego County, www.hasdc.org/events

14. Colorado Family Camp

June 16–18, 2017
Open to: Adults with bleeding disorders and their families, Families with a child with a bleeding disorder too young for camp, and young adults
Location: Highland Camp and Retreat Center; Allenspark, CO
Contact: Sean Jeffrey, Camp Director, 720-545-0755
sjeffrey@hemophilia.org
Colorado Chapter of the NHF
www.cohemo.org

14. Colorado Mile High Camp

July 16–21, 2017 Ages: 7-17
Ages: 7-14 - Siblings
Open to: Boys & Girls with a bleeding disorder, Siblings
Location: Rocky Mountain Village at Easter Seals; Empire, CO
Contact: Sean Jeffrey, Camp Director, 720-545-0755
sjeffrey@hemophilia.org
Colorado Chapter of the NHF
www.cohemo.org

15. Connecticut Hole in the Wall Gang Hero's Journey Program

Adventure-based wilderness program in the woods of CT
General Sessions: June 17–23, June 26–July 2, July 6–12, July 15–21, July 24–30, 2017
Ages: 16-18 (not yet in college)
Open to: Campers w/hemophilia
August 2–8 Sibling Session - For siblings of campers attending the summer camp program or who have attended Hero's Journey
Ages: 16-18 (Not yet in college)
Location: Ashford, CT
Contact: Greg Yeager
860-429-3444 x226
greg.yeager@holeinthewallgang.org
www.holeinthewallgang.org

15. Connecticut Hole in the Wall Gang

General Sessions: June 17–23, June 26–July 2, July 15–21, July 24–30, Aug. 11–17, 2017
Ages: 7-15
Open to: Boys and Girls with bleeding disorders
Location: Ashford, CT
Contact: 860-429-3444
admissions@holeinthewallgang.org
www.holeinthewallgang.org

16. Florida Camp Spirit

July 6-11, 2017 Ages: 7-16
Open to: Boys & Girls with a bleeding disorder
Oct. 20-22, 2017 Family Retreat
Open to: Families with a bleeding disorder
Location: Camp Boggy Creek Eustis, FL
Contact: Fran Haynes, ED
800-293-6527
info@hemophiliaflorida.org
Hemophilia Found. of Greater FL
www.hemophiliaflorida.org

17. Georgia Camp Wannaklot

June 11–16, 2017
Ages: 7-12 Junior Camp
Ages: 13-17 Teen Camp
Open to: Boys & Girls with a bleeding disorder

Freedom

By Taylor H

To me, Camp Freedom means exactly that "freedom" Freedom to be me; freedom from feeling isolated; freedom to build lasting relationships and a healthy self-image; freedom to explore new activities that are "bleeding disorder friendly." At Camp Freedom, we have loads of fun while learning how to interact with others. There are many fun activities including fishing, Gaga, gold rush, swimming and the talent show. Once kids experience Camp Freedom, they no longer feel alone or different. On the last day of camp, awards are presented. Earning a "Big Stick" award is one of the best forms of freedom there is.

> "Camp is more than activities and games."

MY THOUGHTS ON CAMP

By Brysen D.

I've been going to hemophilia camp since I was 7. Jeez, that was a while ago, because now I'm 15. When I first went to camp, I was so scared. I'd never left home like that before, but the feeling didn't last long.

When I first started getting homesick, my counselor, Josh, came to me and asked why I wasn't feeling so hot. I responded with, "Well, I miss my family." He looked at me confused, "What do you mean you miss your family? We're right here." That's when I realized even though we're all from different places, races, and families, we're all brothers and sisters in blood.

Camp is more than activities and games. It's all of your friends, your family, gathered in one place. Even though we don't always see each other, even if we only see and talk to each other for a couple weeks in total a year, we're closer than anyone else you'll ever meet. Camp is our home away from home, and it always will be.

Now, don't get me wrong, there's a lot of stuff to do. Stuff that parents of a child of hemophilia normally would not condone... (awkwardly looks at invisible camera) sshhh. ANYWAY! Stuff like ziplining, high ropes course, river treks, all that good stuff. All in all, camp is more than a camp, it's a home and a place we can go to feel accepted, no matter what.

Location: Rutledge, GA
Contact: Kim Williams
770-518-8272, kawilliams@hog.org
Hemophilia of Georgia
www.hog.org

18. Hawaii Camp Koko Ohana Family Camp

Aug. 18–20, 2017 Ages: All ages
Open to: Families or Individuals with a bleeding disorder
Location: TBD; Oahu, HI
Contact: Billy Dannals, ED
808-782-5506
bdannals@hemophilia.org
Hawaii Chapter, NHF, hawaiinhf.org

19. Idaho Camp Red Sunrise

June 22–25, 2017 Ages: All Ages
Open to: Families affected by a bleeding disorder
Location: Sawtooth Methodist Camp; Fairfield, ID
Contact: Marlyn Walker
208-344-4476
mwalker@hemophilia.org
Idaho Chapter of NHF
www.idahoblood.org

20. Illinois Camp Warren Jyrch

August 6–12, 2017 Ages: 7-17
Open to: Boys & Girls with a bleeding disorder or diagnosed carrier status
Location: Camp Benson Mount Carroll, IL
Contact: Lily Schwartz
312-427-1495, lschwartz@bdai.org
Bleeding Disorders Alliance IL
www.bdai.org

21. Illinois Marcus McClure Family Camp Weekend

June TBD, 2017
Open to: Families of children with a bleeding disorder, ages 6-10, who have not yet attended summer camp
Location: TimberPointe Outdoor Center; Hudson, IL
Contact: Lily Schwartz, 312-427-1495
lschwartz@bdai.org
Bleeding Disorders Alliance IL
www.bdai.org

22. Indiana Camp Brave Eagle

June 11–16, 2017 Ages: 7-16
Open to: Boys & Girls with a bleeding disorder, Siblings, Carriers
Location: North Webster, IN
Contact: Angel Couch, Community Outreach Coordinator
800-241-2873, acouch@hoii.org
www.campbraveeagle.org
Hemophilia of Indiana, Inc.
www.hoii.org

22. Indiana Doug Thompson Teen Leadership Camp

A Traveling Adventure Camp
June 26–30, 2017 Ages: 14-18
Open to: Young men with bleeding disorders
Location: TBD
Contact: Angel Couch, Community Outreach Coord.
800-241-2873, acouch@hoii.org
www.campbraveeagle.org
Hemophilia of Indiana, Inc.
www.hoii.org

23. Indiana Camp Independence

June 25–30, 2017 Ages: 8-18
Open to: Boys & Girls with hematological disorders
Location: Bradford Woods Martinsville, IN
Contact: Sarah Koontz
317-944-8785
skoontz1@iuhealth.org

24. Iowa Bleeding Disorder Summer Camp at Camp Tanager

June 25–30, 2017 Ages: 6-17
Open to: Boys & Girls with a bleeding disorder and one guest per family
Location: Mount Vernon, IA
Contact: Hemophilia of Iowa, Inc.
319-393-4007, hemophiliaofiowa.org
or Michelle Krantz, RN
319-356-2890
michelle-krantz@uiowa.edu or
Karla Watkinson, RN, 319-356-4271
karla-watkinson@uiowa.edu
IA Hemophilia & Thrombosis Ctr.

24. Iowa Family Camp at Camp Tanager

Aug. 5–6, 2017
Open to: Families of a child age 3-6 with a bleeding disorder
Location: Mt. Vernon, IA
Contact: Hemophilia of Iowa, Inc.
319-393-4007, hemophiliaofiowa.org
or Michelle Krantz, RN
319-356-2890
michelle-krantz@uiowa.edu or
Karla Watkinson, RN, 319-356-4271
karla-watkinson@uiowa.edu
Iowa Hemophilia & Thrombosis Ctr.

25. Kentucky Camp Discovery

July 16–20, 2017 Ages: 7-15
Ages: 16-18 Counselors in Training
Open to: Boys & Girls with a

FROM MY HEART TO YOURS

Why Camp is Important to Me

By Andrew D.

Hi everyone! I'm 13 years old and in the 8th grade. I've been going to camp since I was 7. I can remember the first time I went - I felt free from worries and the happiest I've ever been in my life!

Having hemophilia has a big impact on my life. I have missed a lot of school and have spent many days in the hospital. I have missed many parties and events that I should've went to. It hurts me when other kids make fun of me or don't want to play with me because they think I'm contagious or are afraid of me. Even adults.

I have to be really careful. I have to watch my surroundings. I have to make sure I am in safe locations. I don't like to be around large crowds because I feel I may get hurt easier. I am scared sometimes and have anxiety. I get nervous when I get into a vehicle. I cannot play extreme sports like boxing and football. I would love to be able to do whatever I want, but am afraid of all the pain . When I do get hurt, I may have to go to the hospital, see a specialist, take x rays or MRIs, be in a wheelchair, crutches, braces, do physical therapy and do my medicine. It's extremely painful. I have to ice my body a lot for therapy. Sometimes I want to run away from all my problems.

But I have AMAZING news! At Hole in the Wall Gang Camp, I'm not alone! It's the best place on earth! All my friends are there and we get to play and be free to do whatever we want! Be kids! Be free! Be loved and cared for by the most amazing people! I always wonder - why can't people in the real world act like the people at camp? Life would be easier for everyone.

My favorite part about camp is being with my friends! The food is delicious too! Yummy, I must say! Zip line and archery are my favorite activities. Camp helped me overcome many obstacles. I believe in myself and have more confidence. I'm not afraid anymore because I know I will always have camp. Camp is not just camp. Camp is HOME. Camp is FRIENDS. Camp is FAMILY! It's a place where everyone dreams of going. It's a place where all my troubles go away. It's a place where you can rest your head. It's peaceful and so beautiful. It's comforting. It's where I feel I was born again. I'm a new me. I'm better. I'm stronger. I'm more caring and more understanding to others' feelings. I'm a kinder person because of camp. I can do anything I really want to do because camp made me believe. Believe in my dreams, my future and myself.

I'm going out to the big world and will be all that I can! That's ME! I'm going to be ME - Andrew. I take camp with me wherever I go because camp lives in me. Paul Newman and everyone at camp will always have a place in my heart and on my journeys ahead. I couldn't do this on my own before, but I have camp with me, now and forever!

bleeding disorder, Siblings - Teens
Location: Cedar Ridge Camp
Louisville, KY
Contact: Ursela Kamala, ED
502-456-3233
Kentucky Hemophilia Foundation
info@kyhemo.org
www.kyhemo.org

26. Kentucky Center for Courageous Kids

June 17–21, 2017 Ages: 7-15
Open to: Boys & Girls with a bleeding disorder (Hemophilia, vWD, ITP, SCA)
Location: Center for Courageous Kids; Scottsville, KY
Contact: 270-618-2912
jayelynn@courageouskids.org
www.courageouskids.org

The Center for Courageous Kids
We Prescribe Fun!

27. Louisiana Camp Globe Clotters

July 31–Aug. 4, 2017 Ages: 7-16
Open to: Boys & Girls with a bleeding disorder and their siblings (as space is available)
Location: Camp Istrouma
Baton Rouge, LA
Contact: Erica Simpson
director@lahemo.org
or Angelle Matejowsky
admin@lahemo.org, 225-291-1675

28. Michigan Camp Bold Eagle

July 9–13, 2017 Ages: 6-9
July 15–21, 2017 Ages: 10-12
July 23–29, 2017 Ages: 13-17
Open to: Boys & Girls with a bleeding disorder
Location: Holton, MI
Contact: Tim Wicks, 734-544-0015
twicks@hfmich.org
Hemophilia Foundation of Michigan, www.hfmich.org

28. Michigan Eagle Outpost Traveling Camp

June 18–24, 2017 Ages: 14-15
Open to: Boys & Girls with a bleeding disorder
Location: Throughout Michigan
Contact: Tim Wicks, 734-544-0015
twicks@hfmich.org.
Hemophilia Foundation of MI
www.hfmich.org

28. Michigan Eagle Quest

Backpacking excursion
June 3–10, 2017 Ages: 18+
Location: North Manitou Island in Lake Michigan
Contact: Tim Wicks, 734-544-0015
twicks@hfmich.org
Hemophilia Foundation of MI
www.hfmich.org

28. Michigan Eagle Expedition

Aug. 1–9, 2017 Ages: 16+
Open to: Youth from MI, IN, OH
Location: Northern California
Contact: Tim Wicks, 734-544-0015
twicks@hfmich.org
Hemophilia Foundation of MI
www.hfmich.org

29. Minnesota Camp Courage North

July 9–14, 2017 Ages: 8-17
Open to: Boys & Girls with a bleeding disorder
Location: Paul Bunyan State Forest; Lake George, MN
Contact: Jim Paist, ED, 651-406-8655
info@hfmd.org, Hemophilia Foundation of Minnesota/Dakotas
www.hfmd.org

30. Mississippi Camp Lake Stephens

June 5–10, 2017 **Ages:** 7-14
Open to: Boys with a bleeding disorder
Location: Oxford, MS
Contact: Lynnette Harper
lynnetteharper1@aol.com
www.mshemophilia.com

31. Missouri Camp Notaclotamongus

June 7–10, 2017 Ages: 7-17
Open to: Boys & Girls with a bleeding disorder
Location: Imperial, MO
Contact: Bridget Tyrey, 314-482-5973
info@gatewayhemophilia.org
www.gatewayhemophilia.org

32. Missouri Midwest Hemophilia Association Summer Camp

July 31–Aug. 4, 2017 Ages: 7-17
Open to: Boys & Girls with a bleeding disorder
Location: Lake Doniphan Retreat Center; Excelsior Springs, MO
Contact: Luke Saulsberry, Camp Director, 402-274-8002
mhacampdirector@gmail.com
or Mark Cox, ED, 816-479-5900
mcox@midwesthemophilia.org
Midwest Hemophilia Association
www.midwesthemophilia.org

Midwest Hemophilia Association
Summer Camp

Living the Camp Life

By Dylan H.

I am 9 years old and have severe hemophilia A. You might think it is hard to have hemophilia, but it is actually fun. Why? If you were a regular person, you wouldn't get to go to hemophilia camps, such as Camp Holiday Trails and Hole In The Wall Gang Camp. I have been able to go to both camps over the summer. Camp is for one week, but I wish I could stay longer.

"You might think it is hard to have hemophilia, but it is actually fun."

Camp Holiday Trails is really fun even though you don't always get to go to the pool. When I first went, I thought it would be terrible, but I had so much fun with other kids with hemophilia. I made new friends and had great counselors. You get to do arts & crafts, horseback riding, paint horseshoes, climb on trees and then jump off, climb a rock wall, do archery and go fishing.

Med Korner has nurses and doctors that keep me safe. When I had a knee bleed last year, they took good care of me. I got to ride in the golf cart, so I still got to do activities. If you stick a needle in your vein, even if you don't get it, you get an award called the Golden Stick Award and a certificate. I brought my certificate home and my mom framed it.

Hole In The Wall Gang Camp is kind of like Camp Holiday Trails, but bigger and with other activities. There are activities that keep kids safe while they have fun doing them. Cabins are given a color and cabin teams compete against the other cabins. There are special party nights too. Not everyone there has hemophilia, so I have met other kids with diabetes, cancer, severe allergies and other medical problems.

Camp is a lot of fun. Paul Newman started the camp so, if you can help, Paul Newman has its own products and you should buy them. Then it will raise money for Hole In The Wall Gang Camp so other kids can go there too.

Camp is for one week but I wish I could stay for longer. I get very sad when it's time to leave. I have to wait another year until I get to go again. I miss everyone and everyone cries when it is time to say goodbye. I hope all my new friends go to camp again next year, so I get to see them. Hemophilia is not easy on some days and I have to do shots three times a week, but I get to go to camps and it is worth it, even on hard days or with a bleed.

MY CAMP EXPERIENCE

By Issaiah Williamson

Growing up with hemophilia has had its share of challenges. My favorite sport was football, but I wasn't allowed to play because it is such a high-risk sport. To help reduce the chance of injury, I would always get factor before going out to play with my brothers. Living with hemophilia has taught me to be cautious and to not take unnecessary risks. My hemophilia is a part of who I am and I never saw it as a bad thing. In fact, having hemophilia has given me opportunities and allowed me to get to know people I wouldn't have known otherwise.

Having hemophilia has allowed me to go to the camps that changed my life. I was able to go to two SeriousFun* camps, the Double H Ranch and The Hole in the Wall Gang Camp.

These camps give kids with chronic or life threatening illnesses a chance to have fun and enjoy themselves. Times can be rough for kids with ailments, so it is crucial for them to have as much enjoyment as possible. At camp, children can play and have fun without having to worry. When I first went to camp at Double H, I was 8 years old. It was even more special because it was also my older brother's last summer as a camper. He would check up on me and helped me adjust to being away from home.

To me and so many others, camp is a paradise full of smiles, fun and happiness. Camp is a place where you can be as unique and silly as you want – even the counselors! Double H has many great program areas, like arts & crafts, boating, fishing and two pools. There's also a basketball court, a stage area and an animal barn with horses. What sets Double H apart from other camps is their high ropes course, which is the largest in the state of NY. The ropes present a unique challenge for campers to overcome with support from their cabin mates.

As a camper, my favorite place was the superheated indoor pool. It's so warm and relaxing, and we can play pool basketball and volleyball with the other campers. There's a special activity on each day of the six-day session. On the first night, a campfire welcomes the campers and a few camp traditions are taught. On day two, we'd participate in the Campwide Games, an event that was different each year. On day three, the whole camp goes on a field trip to the Great Escape and Splashwater Kingdom amusement park. My favorite ride there is the Cannonball Express, a high-speed ride that also plays cool music.

On the fourth night everyone heads to the stage for a party with music and dancing. The fifth and final night is when the talent show is held. Each camper does a performance, which is always rewarded with a room full of cheers. After everyone gets his or her chance to shine, we go to the boat dock to take part in the wishboat ceremony. It's a camp tradition where each camper puts their wish onto a hand-made wooden boat. The wishboat ceremony gets very emotional

because it is the final activity before leaving for home the next morning. It's actually one of my favorite events because it's the perfect way to wrap up the session.

I was 13 when I went to the Hole in the Wall Gang Camp for the first time. Hole in the Wall is much larger than Double H and has even more fun activities. Many of the activities are similar to Double H, but on a larger scale. In addition, there's a full-sized theater, a horse barn, an Olympic-sized pool, and a sports and recreation building. Campers do woodshop, archery, as well as play and record music. Activities for older campers include a ropes course, hiking and making pizza in a wood burning oven.

Perks come with being an older camper. We are allowed to stay up later and enjoy night activities. We also got the chance to do the Tower Climb where we climb up a 30-foot rock wall and go to a lakeside campsite for a night of sleeping in tents. I hear they have a new activity for older campers called XPro. It's where campers get to use the wood-burning pizza oven. I wish Hole in the Wall had that back when I was a camper!

One of the best parts about Hole in the Wall is that it is a 7-day session, compared to 6-day at Double H. Like Double H, there are special nightly activities. The first night is the campfire, where we go to the actual 'Hole in the Wall' and learn of the camp's origins and traditions. The second day is Fun Day, and on the second night we have the Carnivarty. It's a carnival and a party in one, with snacks, drinks, and carnival games! The third night is the Kid's Choice Campfire, where each cabin comes up with their own unique performance.

UNITy day comes on the fourth day. Units of 3 cabins participate in joint activities throughout the day. Day five wraps up with stage night where campers show off their talents in the theater.

There are dozens of young performers, all of which are rewarded by a room of applause The sixth and final day is the day of the banquet, and the awards presentation. It's a final event where each camper is recognized for his or her growth and achievements throughout the week.

> **"...camp is a paradise full of smiles, fun and happiness."**

In addition to countless fun activities, the people and the friendships are what make camp so special. Camp is a place where we can be ourselves - as weird or as silly as we want. I feel camp creates a sense of openness that allows us to connect better. During the ride to camp, everyone was nervous and afraid to talk to each other. Most of us would end up seeing each other a lot and some were in the same cabin, and we'd bond throughout the session. On the way home, we would spend the whole ride talking to each other about our amazing week. It's awesome how campers go from total strangers to best friends in only a few days.

I am proud to be a part of the SeriousFun camp family. In 2015, I became a volunteer counselor and give back to the camp that gave me some of my best childhood memories. It was great to return to camp and see what had changed over the years. Nothing made me happier than supporting the campers and giving them the joy I received when I was their age. Though I'm older and have responsibility for others, being a counselor is just as much fun as being a camper.

* https://www.doublehranch.org/about/seriousfun-childrens-network/

33. Montana/Wyoming Big Sky Family Camp

June 16–18, 2017
Open to: Families or caregivers managing a bleeding disorder
Location: Camp on the Boulder, McLeod, MT
Contact: Brad Benne, ED
406-586-4050, brad@rmhbda.org
Rocky Mtn. Hemophilia & Bleeding Disorders Assoc., www.rmhbda.org

34. Nebraska Camp CoHoLo

July 23–26, 2017 - Ages: 6-11
July 26–30, 2017 - Ages: 12-17
Open to: Boys & Girls impacted by cancer or blood disorders
Location: Eastern Nebraska 4H Center; Gretna, NE
Contact: Anisa Hoie, RN
402-955-3950
ahoie@childrensomaha.org
www.campcoholo.com

35. Nevada Camp Independent Firefly

June 13–17, 2017 Ages: 7-17
Ages: 16-17 Leaders in Training
Open to: Boys & Girls living in NV with a bleeding disorder, Siblings
Location: Camp Whittle
Big Bear, CA
Contact: Anne McGuire
702-564-4368
amcguire@hemophilia.org
Nevada Chapter of NHF
www.hfnv.org

36. New England Hemophilia Assoc. Annual Family Camp

July 5–8, 2017
Open to: Families with a bleeding disorder living in New England
Location: Geneva Point Center
Moultonborough, NH
Contact: Heather Case, Program Director, 781-326-7645
hcase@newenglandhemophilia.org
New England Hemophilia Assoc.
www.newenglandhemophilia.org

37. New Mexico Camp Sangre Valiente

June 5–10, 2017 Ages: 7-17
Open to: Boys and girls with a bleeding disorder in their family
Location: Fort Lonetree; Capitan, NM
Contact: Rose Lopez, 505-400-7081
rose.lopez@sangredeoro.org
Sangre de Oro, Inc., Bleeding Disorders Foundation of NM,
www.sangredeoro.org

38. New York Camp High Hopes

July 30–Aug. 5, 2017 Ages: 7-17
Open to: Boys with a bleeding disorder, their male siblings and male family members of women with a bleeding disorder
Location: Lowville, NY
Contact: Matt Palmeri,
Camp Co-Director, 607-644-6969
badlands056@gmail.com
www.camphighhopes.org

38. New York Camp Little Oak

July 23–29, 2017 Ages: 7-17
Open to: Girls with a bleeding disorder, Carriers, Sisters of boys with a bleeding disorder
Location: Lowville, NY
Contact: Hannah Russell, Camp Director, 425-770-1801
hannahbanana90@juno.com
Facebook Camp Little Oak

39. New York BDAN Family Camp

Oct. 7–9, 2017
Open to: Families and Adults with a bleeding disorder
Location: Aldersgate Camp and Retreat Center; Greig, NY
Contact: Bob Graham, 315-396-2944, bobgraham04@msn.com,
www.bdaninc.org

40. New York Double H Ranch

General Sessions June 22–27, June 30–July 5, July 8–13, July 16–21, July 24–29, Aug. 1–6 Aug. 9–14, 2017 Ages: 6-16
Open to: Boys and Girls with bleeding disorders
Location: Lake Luzerne, NY
Contact: Tara Bogucki
518-696-5676 x222
tbogucki@doublehranch.org
www.doublehranch.org

41. North Carolina Camp Carefree

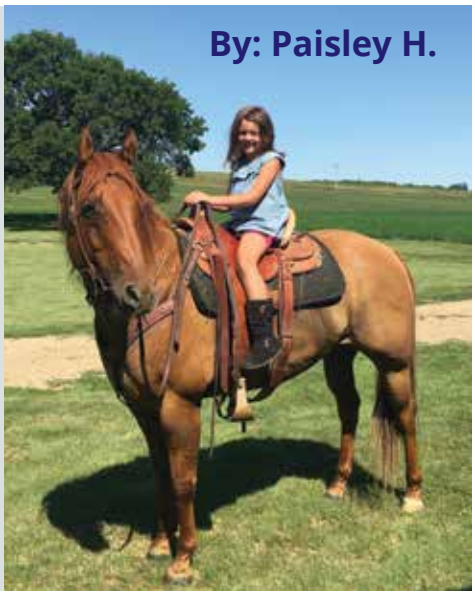
July 23–29, 2017 Ages: 6-16
Open to: Boys & Girls with a bleeding disorder
June 18–24, 2017 - Well siblings of a chronically ill child
July 16–22, 2017 - Well children of a chronically ill parent
Location: Stokesdale, NC
Contact: Lynne Tuttle
336-427-0966
directors@campcarefree.org
www.campcarefree.org

42. North Carolina Camp Rainbow

June 11–17, 2017 Ages: K – 18
Open to: Boys & Girls with a bleeding disorder treated by the Brody School of Medicine at East Carolina University
Location: Camp Don-Lee Neuse River near Arapahoe, NC
Contact: Jacquelyn Sauls, MS, CCLS , 252-744-4102 or
252-744-3304, saulsj@ecu.edu

PAISLEY GOES TO CAMP!

By: Paisley H.



I went to hemophilia camp for the first time. I don't have hemophilia, but my brothers do. I was really excited, nervous and happy. When I got there, I got more nervous because I saw a sign that warned us to lock the doors because of bears, but I never saw any! I love horses and even got to ride horses at camp. Swimming was my favorite thing to do. We hiked a very long way up the mountain. We tried to find sticks and logs to make a shelter, but it didn't work. Fishing wasn't very fun because I couldn't catch any, and it smelled. We ate a lot of really good food! I made friends with the kids in my cabin and I am excited to see them again. Hopefully, they will all be there! I can't wait to go back next year!

MY FIRST YEAR

I came to the United States from Bulgaria in January of 2015. Prior coming to the US, I have never had the experience of attending hemophilia camp or any camp for that matter. My parents told me that there was a camp specifically for kids with bleeding disorders near our HTC in Colorado. I was very excited to see the camp because it is something that sounded very fun. I was also very excited to meet other kids with hemophilia like me.

By: James H.

When I finally got to go to my first hemophilia camp this past summer, I was not disappointed and really loved the experience I had. Camp started with a tour of the camp grounds and meeting the counselors and campers. We did so many fun things like playing Frisbee, white water rafting, swimming, hiking, ninja games, capture the flag, and we even had a disco party.

One thing that was special to me was getting to meet the camp director, Krasimir. Like me, he is originally from Bulgaria and I enjoyed talking and visiting with him every single day.

I had fun getting to know about the other campers and enjoyed sharing about myself and my talents, like beatboxing. Another really fun thing we, the boys, did was to pull a prank on the girls, but they weren't so happy with us about that! The last night we had a big party with pizza, marshmallows, singing and dancing. The morning we left we had lots of goodbyes and even more selfies!

My first hemophilia camp experience was a wonderful time...nothing about camp wasn't amazing! Amazing friendly people, amazing food, amazing sleep, amazing adventures, amazing experiences! I can't wait to go back to camp!

43. North Carolina Victory Junction

June 25–29, 2017 Ages: 6-16
Open to: Boys & Girls with a bleeding disorder
Location: Victory Junction; Randleman, NC
Contact: Amy Jo Nicholson
336-495-2038
amyjo@victoryjunction.org
www.victoryjunction.org

43. North Carolina Inhibitor Family Camp

Feb. 17–20, 2017
Open to: Families with a child, age 6-18, with an active inhibitor
Location: Victory Junction; Randleman, NC
Contact: 781-878-8561
info@inhibitorfamilycamp.org
Comp. Health Education Services
www.inhibitorfamilycamp.org

44. Ohio Flying Horse Farms

July 9–14, July 18–23, 2017
Ages: 8-15
Open to: Hematology and Oncology patients
Aug. 8–13, 2017 Sibling Camp
Ages: 8-15
Open to: Siblings of children with diagnoses
Family Camps: **April 7–9, April 21–23, May 12–14, Sept. 29–Oct 1, Oct. 13–15, Oct. 20–22, Nov. 3–5**
Location: Mt. Gilead, OH
Contact: Olivia Miller, 419-751-7047
olivia@flyinghorsefarms.org
www.flyinghorsefarms.org

45. Ohio Camp Njoyitall

July 16–21, 2017 Ages: 13-18
July 23–28, 2017 Ages: 7-12
Open to: Current patients of the Cancer and Blood Diseases Institute at Cincinnati Children's Hospital Medical Center
Location: Camp Joy; Clarksville, OH
Contact: Karen Martin, Camp Director or Heather Binning, Admin. Asst., 513-636-6569 (NJOY)
cbdi.camp@cchmc.org
www.cincinnatichildrens.org/service/c/cancer-blood/patients/camp

46. Oklahoma Camp Independence

June 26–30, 2017 Ages: 7-17
Open to: Boys & Girls with a bleeding disorder, Siblings
Location: Camp Bond Tishomingo, OK
Contact: Bob Goodley
405-463-6634
www.okhemophilia.org

47. Oregon Camp Tapawingo

Aug. 6–12, 2017 Ages: 7-15
Open to: Boys & Girls with a bleeding disorder, Siblings
Ages: 16-17 Counselors in Training
Location: Falls City, OR
Contact: Madonna McGuire Smith
541-753-0730
madonna@hemophiliaoregon.org
Hemophilia Foundation of OR
hemophiliaoregon.org

48. Oregon Family Camp

June 22–25, 2017 Ages: All ages
Open to: All families living with bleeding disorders
Location: Camp Latgawa Eagle Point, OR
Contact: Madonna McGuire Smith
541-753-0730
madonna@hemophiliaoregon.org
Hemophilia Foundation of OR
hemophiliaoregon.org

49. Eastern Pennsylvania Chapter Family Camp

Sept. 22-24, 2017 Ages: All ages
Open to: Families affected by a bleeding disorder in Eastern PA
Location: Camp Kweebec Schwenksville, PA
Contact: Lindsay Frei
484-445-4282
Eastern PA Chapter of NHF
lindsayf@hemophiliasupport.org
www.hemophiliasupport.org

50. Pennsylvania Camp Hot-To-Clot

August 6-12, 2017 Ages: 7-17
Ages: 15-17 Leaders-in-Training
Open to: Boys & Girls with a bleeding disorder, Siblings
Location: YMCA Camp Kon-O-Kwee; Fombell, PA
Contact: Michelle Alabek
412-209-7344, camph2c@itxm.org
Hemophilia Ctr. of Western PA, www.wpcnhf.org

51. Pennsylvania Camp Dragonfly Forest

July 23-28, 2017 Ages: 7-14
Open to: Boys & Girls with a bleeding disorder
July 16-21, July 23-28, 2017 Teen Leadership Program **Ages:** 15-16
Location: YMCA Camp Speers in Pocono Mountains
Dingmans Ferry, PA
Contact: Ryan Tressler, 610-298-1820
info@dragonflyforest.org
www.dragonflyforest.org

52. Tennessee Camp Freedom

July 8-14, 2017 Ages: 7-15
Ages: 16-17 Leaders-in-Training
Open to: Boys & Girls with a bleeding disorder and carriers
Location: Brandon Springs Group Center; Dover, TN
Contact: Tennessee Hemophilia and Bleeding Disorders Found.
615-900-1486, www.thbdf.org

53. Texas Camp Ailihpomeh

July 16-21, 2017 Ages: 7-14
Ages: 15-17 Leadership Program
Open to: Boys with bleeding disorders
Location: Camp John Marc
Meridian, TX
Contact: info@camp-ailihpomeh.org
www.camp-ailihpomeh.org

54. Texas Camp United Hands

July 10-14, 2017 Ages: 7-17
Open to: Boys & Girls affected by a bleeding disorder
Location: Carlsbad, NM
Contact: Yolanda Ortiz
915-859-6688
yortiz.hoep@gmail.com
Hemophilia Outreach El Paso
www.hemoelp.org

55. Utah Camp Valor

Aug. 7-10, 2017 Ages: 8-13
Ages: 10-11 Siblings of children with bleeding disorder and children of affected parents
Open to: Children with a bleeding disorder & carriers
Location: Camp Wapiti; Tooele, UT
Contact: Scott Muir
smuir@hemophiliautah.org
or Jan Western, 801-484-0325
western@hemophiliautah.org
Utah Hemophilia Foundation
www.hemophiliautah.org

56. Virginia Camp Youngblood

July 23-28, 2017 Ages: 7-17
May 19-21, 2017 Family Camp
Open to: Boys & Girls with a bleeding disorder, Siblings, in VA
Location: Camp Holiday Trails
Charlottesville, VA
Contact: Camp Holiday Trails
434-977-3781
www.campholidaytrails.org
800-266-8438
info@vahemophilia.org

57. Washington Camp I-VY

July 24-28, 2017 Ages: 7-16
Open to: Children affected by a bleeding disorder and their siblings
Location: Camp Huston
Gold Bar, WA
Contact: Luke Phifer, Camp Dir.
206-533-1660, general@bdfwa.org
Bleeding Disorder Foundation of Washington, www.bdfwa.org

58. West Virginia Camp HemoVon

June 12-16, 2017 Ages: 7-16
Open to: Boys & Girls with a bleeding disorder
Location: Camp Twin Creeks
Marlinton, WV
Contact: Anita Graham
304-293-1205
agraham@hsc.wvu.edu
WV University Medical Center

59. Wisconsin Camp Klotty Pine

August 5-10, 2017 Ages: 7-15
Age exceptions made on a case-by-case basis.
Open to: Boys & Girls with a bleeding disorder or diagnosed carrier status
Location: Wautoma, WI
Contact: Karin Koppen
414-937-6782
Great Lakes Hemophilia Found.
kkoppen@glhf.org, www.glhf.org

WINTERCAMP

By Cheryl Ashmore

Most people associate camp with long summer days, warm weather and plenty of sunshine. Recently, the Hemophilia Alliance of Maine (HAM) and the New England Hemophilia Association (NEHA) set about changing that standard. Several families expressed an interest in organizing and participating in a weekend of winter-based sports and activities. Less than a year later in mid-February, HAM and NEHA co-hosted their first truly collaborative event – an outdoor-based experiential program at Camp Mechuwana in Central Maine. The pilot event, with 60 participants, was wildly successful. Wintercamp in New England was born.

The February thaw in New England is legendary for lifting spirits. Temperatures in the high forties after a frigid four months are a welcome relief. This year, the stars aligned and the thaw coincided exactly with the weekend of Wintercamp. The temps hit 50 degrees, perfect weather for families to be outdoors on a frozen lake in Maine.

Camp Mechuwana is located at the end of a twisty, dark narrow road with five-foot snowbanks flanking each side. For some, it was daunting to navigate on a cold winter night, but once there, laughter and light spilled out of the common room in welcome. Everyone was greeted with hugs, pizza and an ice trap kit for each child donated by Heritage Traps and Gear. Bass Pro Sean Callanan, who volunteered throughout the weekend, demonstrated tip up trap construction. Families were escorted to their cabins, sometimes via snowmobile.

There are a wide variety of things to do on a Maine lake in the winter. The folks that chose to walk from camp did some moderately difficult snowshoeing down the quarter-mile road to the lake. Once there, people watched demonstrations of drilling ice holes with an auger, underwater imaging equipment at work and techniques to catch fish. Throughout both days, holes were drilled, traps were set and a few fish were caught. One family built and brought a giant catapult to toss frozen colored water bombs onto the lake,

> **There are a wide variety of things to do on a Maine lake in the winter.**

another brought cross-country skis, while yet others worked on an igloo. Snowshoes were the fashion item of the day and the snowmobile drivers were hard at work zipping around, to the oohs and ahs of the little ones. Volunteer parents made a campfire on the ice and provided the ingredients for s'mores, a sweet afternoon snack.

The ice on the lake averaged 22" thick, but the real challenge was the three feet of snow that had fallen the week before camp. People who tried to walk without snowshoes or off the snowmobile trail, sometimes ended up waist deep in the snow. One snowmobile was quickly put to use as a taxi to ferry families and supplies from the camp's common room to the lake throughout the day, while the other was dispatched to drill holes for each family to fish through. Since the snow had to be cleared to set the traps and there were only a few shovels available, people cleared and kicked with their feet, often falling into a snowbank, causing happy laughter to echo around the lake. Pat Torrey from Gutmonkey joined us on the ice Saturday afternoon and again on Sunday. Pat did what the Big Dog does best – jump started the fun. He formed teams to compete in knot-tying races, and introduced other unique team building activities, all requiring some form of physical activity...Gutmonkey's specialty.

After ice fishing on Saturday, families made their way back to their cabins to get ready for dinner and communal time. Afterward, Pat delivered the keynote, which was one of the highlights of the weekend. He is a dynamic speaker and presenter who seamlessly transitioned a room full of sleepy families (some

with children as young as 10 months old) to a high level of engagement for over an hour. After talking with us about the importance of getting outside, intentional struggle and type two fun, Pat jumped up on a chair and got the room moving with a game of Simon Says, which was much trickier than it should have been. With free time in the later evening, some of the adults crafted intricate snow cube buildings with glue and props, while others played board games, sipped hot chocolate and chatted with friends, old and new.

Sunday morning, folks made their way down to the ice for more fishing, demonstrations and activities. There were several dear volunteers, grandparents and parents, who worked the warm room all weekend, baking cookies and brownies, making hot chocolate and guiding some of the group's younger members with unique arts and crafts. The afternoon brought many together in the common area where Gutmonkey again brought some serious fun to the table. There were spinning top stacking and relay competitions, T-Rex tag and many other silly moments that people have when they are truly in a space of relaxation and enjoyment. Afterward, more informal social groups formed in the common room. One table started a game of Apples-to-Apples, which lasted for hours, people floating in and out of the game at will. The evening brought tired, but happy yawns, and parents gathered in small groups to chat just a little while longer before departure in the morning.

HAM and NEHA produced an incredible weekend of high caliber programming for this unique camp. Kudos to all involved. The attendees of Wintercamp would like to issue a friendly challenge to the rest of the nation – stretch your boundaries, get outside your comfort zone, and enjoy the camaraderie of your bleeding disorders community in an unconventional way.

Paul R. Brayshaw, M.P.H.
Director of Healthcare Advocacy and Programs

Factor Support Network,
a Matrix Health Group Company
Regional Care Coordinator,
Mid-Atlantic Region

THE HEALTH ADVOCATE

Medication Therapy Management

The American Pharmacists Association describes medication therapy management (MTM) as medical care provided by pharmacists whose aim is to optimize drug therapy and improve therapeutic outcomes for patients. The practice of MTM greatly increased as part of the Medicare Modernization Act of 2003, and Medicare Part D implementation.

Medicare requires prescription plans to include MTM, and involves performing patient assessments, comprehensive medication review, a medication treatment plan, monitoring of efficacy and safety, enhancing adherence through empowerment and education, as well as the appropriate documentation and communication with the prescribing clinician to ensure comprehensive care.

In addition to Medicare requiring MTM practices, commercial insurance and accrediting agencies (i.e. URAC) are also enforcing compliance as a component of ongoing certification and in-network provider status. As a specialty pharmacy provider of patients who are insured by public and commercial insurers, the Matrix Health Group pharmacy staff and Regional Care Coordinators interact with the patient population to fulfill these requirements for all our patients.

With every order of medication, our staff works with patients to determine adherence to prophylaxis regimens prescribed by their clinician, as well as gather information to properly document traumatic or spontaneous bleeding episodes. This information is critical to understanding the safety and effectiveness of clotting factor for products being used regularly over time, or in situations when product transitions are occurring. To understand the efficacy of a product as patients age, gain/lose weight, size, activity, change product and or in case of inhibitor development, it is critically important to have regular and timely access to this information through infusion logs.

The changing landscape of insurance along with concerns about increasing costs of health care, especially related to prescription drugs, adds to the importance of good health record keeping. For patients with bleeding disorders, treatment logs are the basis of medication therapy management. The chronic and acute nature of bleeding disorders require proper management, treatment and prevention facilitated by expert pharmacy and staff. To achieve an optimal health outcome, and for patients to successfully manage their condition, infusion logs provide all stakeholders involved with patient care a critical tool.

American Pharmacists Association. (2017). What is Medication Therapy Management?. http://www.pharmacist.com/mtm

MATRIX ON THE MOVE !

NEW MEXICO

Felix Garcia

Matrix Health Group teamed up with Octapharma and NHF Chapter Sangre De Oro, Inc., to provide ***Bleeding Disorder Camp Programming*** to the underserved community of Southern New Mexico. The St. Clair Winery & Bistro in Las Cruces was a pleasant backdrop for a lovely evening of education and networking January 11th. For this Matrix employee, it was a pleasure to return close to my roots to educate families on the upcoming summer camp and the programs and services provided by Matrix Health. It gives me great satisfaction to bring more programming and help unite the bleeding disorder community of southern New Mexico, and look forward to meeting again very soon!

MARYLAND

Paul Brayshaw and Terry Stone

Fours Seasons Hotel at Baltimore's historic Inner Harbor rolled out the red carpet to welcome members of The Hemophilia Foundation of Maryland as they gathered for the ***Annual Meeting and Educational Dinner*** February 4th. It was an evening of food, friendship and advocacy education. Industry sponsors including Matrix Health Group were on hand to welcome members and to share the latest news and updates.

After a casual meet and greet, dinner was served while a Town Hall Advocacy Panel provided critical information and insight regarding

Regional Care Coordinators Paul and Terry share a moment with Gracie, James and mom, Diane.

proposed changes to the Affordable Care Act in 2017 and beyond. Also discussed were possible modifications to Medicare and Medicaid. Members of the panel included Katie Verb, HFA Policy Director, and Jim Romano, PSI, as well State Senator Kathy Klausmeier, and Alfred Redmer, State Insurance Commissioner. The resounding message of the panel was to stay actively engaged in Federal, State and local efforts to ensure the proposed health care reforms satisfy the medical needs of people with bleeding disorders and the broader community.

NEW MEXICO

Felix Garcia

In response to a request from men in the New Mexico bleeding disorders community for product and service education, the Sangre De Oro, Inc. Chapter of NHF set up events to do just that. For ***Men's Night*** February 9th at Main Event Entertainment in Albuquerque, Aptevo Therapeutics provided a presentation on its products and services, while Matrix Health Group highlighted its exemplary specialty pharmacy services.

The men of the NM community were happy for this opportunity and expressed their appreciation to the sponsors in being the first to respond to their request for education. As a member of the

planning committee, I proposed a challenge to the group to develop their own identity beginning with a name. Many of those in attendance were big fans of the popular series *Breaking Bad*, which was filmed in Albuquerque, so after everyone voted, *Breaking Blood* was established as the group's new name. We discussed designing our own t-shirts for the group, and even explored inviting actors from the series to attend as guest speakers in the future. It was a great event for everyone involved, and we are all excitedly waiting for the next!

INDIANA

Enrique Morey

February 10th marked Hemophilia of Indiana, Inc.'s ***27th Annual Hearts for Hemophilia Gala***, held at the Union Station Grand Ballroom, Crowne Plaza Downtown Indianapolis. Guests were dressed to impress for the evening's masquerade ball. Wars were waged during both a silent and live auction, followed by guest speaker Val Bias, National Hemophilia Foundation's President. With all sales finalized, masqueraders continued with a delightful evening of Las Vegas style gaming and dancing to live music.

Proceeds from the event are used to support the work of Hemophilia of Indiana to help Indiana residents and their families who are impacted in some way by a bleeding disorder.

NEW MEXICO

Felix Garcia

Following an evening of training, the fresh Monday morning of February 13th brought together more than 20 community members for New Mexico State Days in the lobby of the *The Roundhouse,* New Mexico's State Capitol building in Santa Fe. Completed in 1966, it is one of the youngest capitol buildings in the United States. It is referred to as the *Roundhouse* because it is the only Capitol building in our country that is actually round.

Our small team of members rallied, grouped into teams and passed out schedules of meeting times with House and Senate members of our individual districts. During our visits, we requested support for two legislative bills, Senate Bill 179 and House Bill 244: *Prescription Drug Coverage Step Therapy.* These bills require insurers to establish clinical review criteria for step therapy protocols to protect accessibility and choice of medication, thereby halting insurance companies from making arbitrary decisions that require patients to change medications if the patient is successful on their current therapy.

Although we were few compared to the hundreds who showed up to lobby for the movie industry, we were impactful in educating our political leaders on bleeding disorders and gaining support for the two bills currently up for vote. All in all, it was a successful day!

FLORIDA

Hector Heer

Zoo Miami was the place to be on February 18th for the Foundation Hope & Life USA's ***5th Annual Awareness Walk for Bleeding Disorders***. With music, activities, food and drinks for everyone, members of the community and industry gathered for a day of fun and festivity. After walking for such a worthwhile cause along the paths of the zoo, more fun was had with live

Hope and Life volunteer Aida C. (left) and Ana Calero, ED, visit with Hector Heer.

music and dancing for everyone!

The vision of this wonderful organization, is to "educate, bring opportunities, and provide resources to the people around the world about bleeding disorders..." Their mission is to "reach out and lend assistance to families and their members with bleeding disorders, globally." (Visit www.fhlusawalk.com for more information.) Thank you to Board Members Anna Calero, Norma Hernandez and Aida Castillo for the impressive work they do for the community with this annual event.

CALIFORNIA

Cindy Picos

Another supremely successful ***Surf N' Turf*** event was hosted by the Central California Hemophilia Foundation January 18th at the Elks Lodge in Sacramento! President Bonnie Leidheisl, graciously thanked more than 75 eager and devoted volunteers for all their efforts.

The largest fundraiser of the year, this amazing event has been presided over for 12 years running by Sean Hubbert, Programs Chairperson and Vice President of the foundation. "I am beyond thankful for the hard work and dedication of our volunteers, sponsors and attendees as this event funds programs such as our Emergency Assistance Program, Parents Support Group, Youth Leadership Program and much more," explained Sean. Congratulations to all involved for a job well done!

Kelli Walters-Perlongo, ED, NHF NV, Maureen Salazar-Magaña, NHF, NV.

Anne McGuire, NHF NV, and Kelly Gonzalez, FSN and Co-Chair WWF.

NEVADA

Kelly Gonzalez

The second annual ***Winter Wine Fest and Silent Auction*** was held February 24th on the illuminated patio of Brio Tuscan Grill at Tivoli Village in Las Vegas. Benefiting the Nevada Chapter of the National Hemophilia Foundation, the event featured over 50 auction items donated by our local community, including four varieties of wine from our friends at Constellation Wines, and hot and cold gourmet food items by Brio Tuscan Grill. From across the nation, over 225 people came to support this amazing cause, proudly raising over $30k for Nevada Bleeding Disorder Community! Thank you to the amazing volunteers, sponsors and auction item donors for your continued support and willingness to help the bleeding disorders community, and to Anne, Kelli and Maureen at NHF Chapter for their willingness to organize this event for a second year!

CALIFORNIA

Marina Vera and Gaby Griffin

This event was hot and spicy from the beginning to the very end! Hosted by the Hemophilia Foundation of Southern California February 25th, the ***SoCal Empowerment Forum*** was held at the Pickwick Gardens Conference Center in Burbank.

Community Member Anita shares a smile with Marina.

The day started with breakfast and time to visit industry booths. Executive Director, Michelle Kim opened with introducing well-known State Senator Anthony Portantino (D – La Cañada Flintridge), who spoke on the importance of speaking up to local legislators. He told everyone, "Your voice matters." He went on to advise, "The squeaky wheel is true in politics." His message was so moving and empowering, and his charming personality had the community members laughing out loud.

Guest speaker, Janel Johnson-Momanyi, HFA's Programs Consultant, spoke on *Advocacy 101 and Community Discussion*. Her presentation motivated the community members to get involved in the discussion. Judith Kauffman, Bayer's Clinical Support Specialist, presented *Preparing for a Hemophilia Emergency*, while Teen Leaders presented *Talking to Your Legislator*.

The Kids Program involved a *Team Building Advocacy Workshop*, and *Dental Prevention and Care for Kids* by Dr. Tobias Boehm and Dr. Marisa Watanabe of College of Dental Medicine, Western University of Health Sciences. Fun was had by all at the *Getting Fit the Fun Way! Dance Lessons* by Pasion de Mi Tierra. The children learned dance moves and later performed for everyone at the event, and what a great performance it was! Way to go kids!

After enjoying a delicious lunch, the group had their choice of break-out sessions, which included *Immigration Law: What You Need to Know* by speaker Sabrina Rivera, Esq., Staff Attorney, Immigration Clinic, Western State Law School, and *Federal and State Insurance: Should I Be Worried?* by Terri Cowger Hill, of Cowger & Associates, and Katie Verb, HFA's Director of Policy & Government Relations.

Soon it was time for the ***2nd Annual Bloody Hot Salsa Challenge!*** Contestants were ready to share their hot salsa to determine this year's winners! 1st place was awarded to Laura J., 2nd place winner was Rosalba S. and in 3rd place came Elizabeth G. Congrats to the winners! The event came to an end with hot salsa dance lessons for everyone!

A special thanks to Hot Salsa judges, Wayne G., Wes S. and Jill W., and to Michelle Kim and her staff for hosting another outstanding educational event.

PENNSYLVANIA

Tina McMullen

It was another fun-filled day for the families of the Eastern Pennsylvania Chapter of the NHF! *Bowling for Fun* at Thunderbird Lanes in Philadelphia February 25th brought families for an afternoon of fun. With all 36 lanes filled, this event has proven to be more successful with each passing year! More than 200 were in attendance, and everyone

Vickie and Tom with children, Gianna, Tommy (left), Jake and baby John (wrapped in mom's arms) enjoy family time!

enjoyed bowling, pizza, snacks and beverages. Plenty of great prizes were raffled, including much sought after items such as an American Girl Doll, 4 Phillies Tickets, a Basket of Cheer, and a Beer Tower. Co-Chairs Pat Felthaus and Cheryl Littig, along with Executive Director Curt Krouse and his devoted staff continue to make this event fun for all ages!

VIRGINIA

Paul Brayshaw

The 2017 Virginia Hemophilia Foundation ***Bowling for Bleeding Disorders Winter Fundraiser*** event took place simultaneously on March 4th at AMF Sunset Lanes, Richmond and AMF Chesapeake Lanes, Chesapeake. With over 200 bowlers between the two locations, everyone enjoyed two hours of bowling, good food, and several strikes too! I was especially thrilled to watch my two sons come up with new and entertaining bowling techniques from slipping and sliding during the approach, to donkey kick-like throws. Thankfully the bumpers ensured contact with the pins twice per frame and enhanced their first experience bowling for a great cause!

Many thanks to the staff at the Virginia Hemophilia Foundation for again hosting this family fun event!

Francis and Paul bowling with their shorties, Porter and Graham

We have a seven-year history – the Amish community of northcentral Ohio, and I. Every year just before spring, we come together to create a beautiful quilt. When we held our first quilting party in 2011, I wrote about it and said, "...a tradition is born," and indeed, here we are together for the 7th straight year! Quilters merrily gather year after year, with word spreading between friends who share hemophilia or vWD. So much love, so much fun and so much laughter made the day fly by as stitch after stitch was sewn. Each quilt brings another new face or two, and our fun just grows! This year's quilting far surpassed the previous 6 years, with 30 ladies coming together along with 14 children. The most amazing part of the day is that with all the children cooped up in a single room, there was no screaming or temper tantrums – not one!

Over the years, I have been witness to the difference in Amish children, and I believe I have it figured out. These moms never raise their voices – children are spoken to in low tones with love yet firmness, and the children respond accordingly. This is a lesson I plan to take to heart when I

A RACE TO THE FINISH

By Susan Moore

"...a tradition is born,"
and indeed, here we are together for the 7th straight year!

am around any children in my life – it works. Yes, babies cry when they are hungry or in need of a clean diaper, and toddlers cry when they fall or get hurt while playing. Being in a roomful of Amish children is peaceful and pleasant.

This year, we chose red and tan as the colors, representative of the Kentucky Derby theme at the 12th annual *Black and Blue Ball* hosted by the Northern Ohio Hemophilia Foundation. Fashioned with love and care in a barn raising log cabin design, the highest bidder is going to fall in love with this Amish-made quilt. To further enhance its hand-stitched beauty, it is reversible. The proud owner will be able to redecorate their bedroom with just a flip – it's like having two quilts in one!

Held for the first time at Keim Lumber in the bustling village of Charm, Ohio, the party of Amish and Mennonite ladies shared stories and plenty of laughter as needles flew. The king-sized quilt was nearly finished by days' end. Mabel generously shared her quilting frame. Erma, as she frequently does, graciously volunteered to complete the few rows of stitches and binding. Many thanks go to every lady who joined us, each of whom has one or more family members with hemophilia or von Willebrand disease. Some have children, spouses, grandchildren, cousins, nieces, nephews; some are affected directly themselves.

After several hours of needlework, lunch was served buffet style with creamy mashed potatoes, tasty green beans, moist stuffing, melt-in-your-mouth chicken, a healthy salad and rolls. All this was topped off with homemade Amish baked pie – with many delectable flavors to choose from!

For your chance to call this quilt your own, come join the fun at the Northern Ohio Hemophilia Foundation's Black and Blue Ball, being held at the Cleveland Ritz Carlton Hotel April 28, 2017. The Ball is guaranteed to be a great time for all! If you would like to place a bid on this beautiful work of art, please contact Dawn Evans, Special Events Coordinator at the Northern Ohio Hemophilia Foundation, at 216-834-0051.

Thanks to Matrix Health Group's Region Managers, Lisa Miller and Eric Lambing for their support of this wonderful project.

BIOMATRIX

proudly participated in NHF's

Red Tie Challenge!

Matrix Health Group employees across the country showed their support for bleeding disorders awareness month by participating in the **Red Tie Challenge!** In addition to the photos found here, our organization pledged $1 in support for every new page "Like" the Matrix Health Group Facebook page received in March.

The National Hemophilia Foundation created the #redtiechallenge to help raise awareness and generate financial support for the bleeding disorders community. (redtiechallenge.org)

NHF | MARCH IS BLEEDING DISORDERS AWARENESS MONTH

RED TIE CHALLENGE™

REDTIECHALLENGE.ORG

Answers to puzzles on page 39.

1. Blue balloon in center is now pink
2. Lettering is gone from grey hoodie
3. Water bottle is missing from the color
4. Girl on right now has blue instead of pink nail polish
5. Girl on right now has blue hair beads
6. Girl on left is now wearing jeans
7. Park bench is a darker color
8. Center girl's t-shirt is a different color

5	3	4	8	9	7	6	1	2
2	8	9	6	1	5	3	7	4
6	7	1	4	2	3	8	5	9
9	2	6	5	3	1	4	8	7
4	5	7	9	6	8	1	2	3
8	1	3	2	7	4	5	9	6
3	4	5	7	8	2	9	6	1
1	9	2	3	5	6	7	4	8
7	6	8	1	4	9	2	3	5

8	2	1	6	5	7	4	9	3
9	4	6	3	1	8	5	2	7
3	7	5	9	2	4	6	8	1
6	5	9	2	8	1	7	3	4
4	1	3	7	9	5	8	6	2
7	8	2	4	3	6	1	5	9
5	9	7	1	6	2	3	4	8
1	3	8	5	4	9	2	7	6
2	6	4	8	7	3	9	1	5

UPCOMING EVENTS

April 1, 2017 Nevada
NHF Nevada Chapter
702-564-4368, hfnv.org
Spring Fest, Spring Education Day
Circus Convention Center, Las Vegas

April 3-4, 2017 Illinois
Bleeding Disorders Alliance Illinois
312-427-1495, bdai.org
Legislative Advocacy Day
State Capitol, Springfield

April 6-9, 2017 Rhode Island
Hemophilia Federation of America
800-230-9797, hemophiliafed.org
HFA Annual Symposium
RI Convention Center, Providence

April 10, 2017 Nevada
NHF Nevada Chapter
702-564-4368, hfnv.org
Nevada Advocacy Day
State Capitol, Carson City

April 15, 2017 New Jersey
Hemophilia Association of New Jersey
732-249-6000, hanj.org
Testimonial Dinner Dance
Fiddler's Elbow Country Club, Bedminster

April 17, 2017 California
Central California Hemophilia Found.
916-448-0370, cchfsac.org
Central California World Hemophilia Day
Studio Movie Grill, Rocklin

April 17, 2017 Maine
Hemophilia Alliance of Maine
207-312-4448
mainehemophilia.org
World Hemophilia Day Celebration
Sea Dog Brewing, Bangor

April 21-23, 2017 Michigan
Hemophilia Foundation of Michigan
734-544-0015, hfmich.org
SpringFest
Ann Arbor Marriott Ypsilanti at Eagle Crest, Ypsilanti

April 21, 2017 California
Latino Hemophilia Foundation
323-369-4972, hemolatino.org
Catalina Camp Luncheon
Acapulco Restaurant, San Pedro

April 22, 2017 Florida
Hemophilia Foundation of Greater Florida
800-293-6527
hemophiliaflorida.org
Gator Trot, Depot Park, Gainesville

April 22, 2017 Missouri
Midwest Hemophilia Association
913-220-9687
midwesthemophilia.org
Ozarks Pull for a Cure Sporting Clay Event
Ozark Shooters Sports Complex, Walnut Shade

April 22, 2017 North Carolina
Hemophilia of North Carolina
800-990-5557
hemophilia-nc.org
Annual Charlotte Walk
Uptown Area, Charlotte

April 22-23, 2017 Illinois
Bleeding Disorders Alliance Illinois
312-427-1495, bdai.org
Statewide Family Education Weekend
Chicago Marriott Naperville Hotel, Naperville

April 23, 2017 Virginia
Virginia Hemophilia Foundation
800-266-8438, vahemophilia.org
Spring on the Avenue
Branch Museum of Architecture and Design, Richmond

April 28, 2017 Ohio
Northern Ohio Hemophilia Found.
216-834-0051, nohf.org
NOHF Black & Blue Ball
Downtown Ritz-Carlton, Cleveland

April 30, 2017 Florida
Florida Hemophilia Association
305-235-0717
floridahemophilia.org
Annual Walk
Jungle Island, Miami

We look forward to seeing you!

April 30, 2017 New Jersey
Hemophilia Association of New Jersey
732-249-6000, hanj.org
NJ Hemophilia Awareness Walk
Raritan Valley Community College, Branchburg

April 30, 2017 Virginia
Hemophilia Assoc. of the Capital Area
703-352-7641, hacacares.org
Spring Fundraiser, Hunter House-Nottoway Park, Vienna

May 1, 2017 Nevada
NHF Nevada Chapter
702-564-4368, hfnv.org
Golf 4 The Kids Annual Golf Tournament
Red Rock Country Club, Las Vegas

May 02, 2017 Pennsylvania
Eastern Pennsylvania Chapter
484-445-4282
hemophiliasupport.org
Family Dinner
The Hilton City Avenue, Philadelphia

May 5-6, 2017 California
Hemophilia Found. of Southern CA
626-765-6656, hemosocal.org
Family Information Day
Knott's Berry Farm Hotel, Buena Park

May 6, 2017 Missouri
Gateway Hemophilia Association
314-482-5973
www.gatewayhemophilia.org
Hemophilia Walk
Forest Park, St. Louis Zoo

May 6, 2017 Nevada
NHF Nevada Chapter
702-564-4368, hfnv.org
Hispanic Education Day
Hilton Garden Inn, Reno

May 06, 2017 Tennessee
Tennessee Hemophilia and Bleeding Disorder Foundation
888-703-3269, thbdf.org
Be A Factor 5K
Loudon High School, Loudon

May 10, 2017 California
Central California Hemophilia Found.
916-448-0370, cchfsac.org
Legislative Days
State Capitol, Sacramento

May 11, 2017 California
Central California Hemophilia Found.
916-448-0370, cchfsac.org
Central California Golf Tournament
Sun City Lincoln Hills, Lincoln

May 13, 2017 Florida
Hemophilia Foundation of Greater Florida
800-293-6527, hemophiliaflorida.org
Woodstock Walk
Al Lopez Park, Tampa

May 13, 2017 Maine
Hemophilia Alliance of Maine
207-312-4448, mainehemophilia.org
Family Dance
Back Door Dance Studio, Eddington

May 13, 2017 Pennsylvania
Eastern Pennsylvania Chapter
484-445-4282, hemophiliasupport.org
38th Annual Fashion Show
Green Valley Country Club, Lafayette Hill

May 13, 2017 Virginia
Hemophilia Association of the Capital Area
703-352-7641, hacacares.org
Family Education Day and Annual Meeting
Northern Virginia Community College Ernst Cultural Center, Annandale

May 15, 2017 Tennessee
Tennessee Hemophilia and Bleeding Disorder Foundation
888-703-3269, thbdf.org
Music City Golf Classic
Westhaven Golf Club, Franklin

May 20, 2017 Kentucky
Kentucky Hemophilia Foundation
502-456-3233, kyhemo.org
Kentucky Zoo Day
Louisville Zoo, Louisville

May 20, 2017 Maine
Hemophilia Alliance of Maine
207-312-4448, mainehemophilia.org
New England Hemophilia Association
781-326-7645
newenglandhemophilia.org
BA-Con New England Bleeding Disorder Advocacy Conference
Holiday Inn, Concord

May 22, 2017 Idaho
NHF Idaho Chapter
208-344-4476, idahoblood.org
Blood, Sweat & Cheers Golf Tournament
Plantation Golf Course, Boise

May 23, 2017 California
Hemophilia Assoc. of San Diego County
619-325-2570, hasdc.org
Charity Golf Tournament
The Crosby at Rancho Santa Fe, San Diego

May 24, 2017 New Jersey
Hemophilia Association of New Jersey
732-249-6000, hanj.org
Annual Meeting
Pines Manor, Edison

May 28, 2017 Nevada
NHF Nevada Chapter & HTC of Nevada
775-657-8981, hfnv.org
Reno Aces Fundraiser
Reno Aces Baseball Club, Reno

June 2-4, 2017 South Carolina
Hemophilia of South Carolina
864-350-9941
hemophiliasc.org
HELLO Conference & Annual State Meeting
Embassy Suites Golf & Conference Center, Greenville

June 09-11, 2017 Tennessee
Tennessee Hemophilia and Bleeding Disorder Foundation
888-703-3269, thbdf.org
Annual Meeting
Franklin Marriott Cool Springs, Franklin

June 10, 2017 Ohio
Tri-State Bleeding Disorder Foundation
513-961-4366, tsbdf.com
Family Education Day
Coney Island, Cincinnati

June 19, 2017 New Jersey
Hemophilia Association of New Jersey
732-249-6000, hanj.org
Dennis Keelty Memorial Golf Classic
Plainfield Country Club, Plainfield

June 20, 2017 Illinois
Bleeding Disorders Alliance Illinois
312-427-1495, bdai.org
Driving fore Hemophilia
Ruffled Feathers Golf Club, Lemont

June 24, 2017 Virginia
Virginia Hemophilia Foundation
800-266-8438, vahemophilia.org
State Educational Meeting
Wyndam VA Crossings Hotel, Glen Allen

June 24, 2017 Maryland
Hemophilia Foundation of Maryland
410-661-2307
hfmonline.webs.com
5K/10K Race to Stop the Bleeding
Quiet Waters Park, Annapolis

June 24,2017 Ohio
Tri-State Bleeding Disorder Foundation
513-961-4366, tsbdf.com
TSBDF Gala
Hyatt Hotel, Cincinnati

TIME FOR FUN!

Hi Kids!

Can you spot the 8 differences between these camp photos?

Write your answers here:

1._____

2._____

3._____

4._____

5._____

6._____

7._____

8._____

Answers are on page 31.

	2				7			
	4	6	3		8			
						6	8	
	5		2			7		
4		3						
7						1	5	9
	9	7		6		3	4	
		8	5				7	
						9		

SuDoku!

Fill in the grid so every row, every column, and every 9 by 9 box contains the numbers 1 through 9.

5					7			2
			6					
				2	3			
		6		3			8	
				6	8			
	1					5	9	
						9		
1		2		5		7		
7	6	8	1			2		

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DEDICATED TO MAKING A DIFFERENCE

Matrix Health Group values your privacy. We are committed to keeping your information secure and confidential. We take your privacy very seriously by complying fully with HIPAA regulations and employing a team of IT experts whose job is to keep our data safe and secure. Our mailing list is private and will never be sold or shared with a third party. If you have any questions or would like to review our Privacy Policy, please contact our corporate office 877-337-3002.

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Bartlett, TN 38133
Toll Free: 800-962-6339
Office: 901-380-5899
Fax: 866-755-6339

FACTORRx SUPPORT NETWORK

900 Avenida Acaso, Ste. A
Camarillo, CA 93012
Toll Free: 877-376-4968
Office: 805-388-9336
Fax: 805-482-6324

BiologicTx

40-D Commerce Way
Totowa, NJ 07512
Toll Free: 877-567-8087
Office: 973-774-0954
Fax: 877-567-8089